

Plants for Butterflies

(Used with permission from Desert Survivors Nursery, Tucson. Visit their website at www.desertsurvivors.org)

Primary List – Butterfly & Moth Plants:

Abutilon incanum (Mallow) (Larval)
Acacia angustissima (Fernball Acacia) (Nectar)
Ageratina herbaceum (Ageratina) (Nectar)
Aloysia gratissima (Fragrant Bee Bush) (Nectar)
Aloysia wrightii (Oreganillo) (Nectar)
Anisacanthus thurberi (Desert Honeysuckle) (Larval)
Aristolochia watsonii (Native Pipevine) (Larval)
Asclepias asperula (Antelope Horns) (Larval)
Asclepias angustissima (Narrowleaf Milkweed) (Larval)
Asclepias albicans (Milkweed) (Larval)
Asclepias erosa (Milkweed) (Larval)
Asclepias incarnata (Marsh Milkweed) (Larval)
Asclepias latifolia (Corn Kernel Milkweed) (Larval)
Asclepias linaria (Pineleaf Milkweed) (Larval)
Asclepias nyctaginifolia (Four O'clock Milkweed) (Larval)
Asclepias subulata (Desert Milkweed) (Larval)
Asclepias subverticillata (Poisonous Milkweed) (Larval)
Asclepias tuberosa (Butterfly Weed) (Larval)
Atriplex lentiformis (Quail Bush) (Larval)
Baccharis sarathroides (Desert Broom) (Nectar)
Baccharis salicifolia (Seep Willow) (Nectar)
Beebia juncea (Sweet Bush) (Nectar)
Celtis pallida (Desert Hackberry) (Larval)
Cephalanthes occidentalis (Buttonbush) (Nectar)
Cercidium microphyllum (Foothills Palo Verde) (Larval-Moth)
Chrysothamnus nauseosus (Rabbitbush) (Nectar)
Clematis drummondii (Clematis) (Larval)
Dalea bicolor orcuttiana (Baja Dalea) (Nectar)
Dalea capitata (Trailing Dalea) (Nectar)
Dalea formosa (Feather Dalea) (Nectar)
Dalea frutescens (Black Dalea) (Nectar/Larval)
Dalea greggi (Trailing Indigo Bush) (Nectar)
Dalea lumholzii (Fragrant Dalea) (Nectar)
Dalez pulchra (Bush Dalea) (Nectar)
Dalea sessilis v. versicolor (Dalea) (Nectar)
Datura wrightii (Sacred Datura) (Nectar/Larval) - Moth
Dicliptera resupinata (Twin Dropseed) (Nectar/Larval)

Dyssodia pentacheata (Dyssodia) (Nectar/Larval)
Encelia farinosa (Brittlebush) (Nectar)
Eupatorium greggi (Butterfly Mist) (Nectar)
Eupatorium pycnacephalum (Eupatorium) (Nectar)
Eysenhardtia orthocarpa (Kidneywood) (Nectar/Larval)
Fraxinus velutina (Arizona Velvet Ash) (Larval – Butterfly & Moth)
Herresantia crispa (Trailing Mallow) (Larval)
Hymenoxys acaulis (Angelita Daisy) (Nectar)
Hyptis emoryi (Desert Lavender) (Nectar)
Janusia gracilis (Janusia) (Larval)
Lachnostemma arizonica (Ribpod Milkweed Vine) (Larval)
Lagascea dicipiens (Lagascea) (Nectar)
Lippia nudiflora (Frogfruit) (Nectar)
Lonicera albiflora v. dumosa (White Honeysuckle) (Nectar) - Moth
Lycium brevipes (Baja Wolfberry) (Nectar)
Lycium excertum (Desert Thornbush) (Nectar)
Lycium fremontii (Fremont's Wolfberry) (Nectar)
Lysiloma watsonii (Desert Fern) (Nectar/Larval)
Metastelma arizonica (Milkweed Vine) (Larval)
Mirabilis longifolia (Evening Four O'Clock) (Nectar) Moth
Nicotiana trigonophylla (Desert Tobacco) (Nectar) - Moth
Oenothera caespitosa (Evening Tufted Primrose) (Nectar) – Moth
Oenothera hookeri (Hooker's Primrose) (Nectar)
Parthenium incanum (Mariola) (Nectar) – Moth
Passiflora bryonoides (Passionflower) (Larval)
Passiflora foetida v. arizonica (Arizona Passionflower) (Larval)
Passiflora mexicana (Mexican Passionflower) (Larval)
Plumbago scandens (Native Plumbago) (Nectar)
Prosopis velutina (Velvet Mesquite) (Larval – Moth)
Sarcostemma cynanchoides s. cynanchoides (Climbing Milkweed Vine)
(Larval)
Sarcostemma cynanchoides s. hartweggii (Climbing Milkweed Vine)
(Larval)
Senna covesii (Desert Senna) (Larval)
Senna goldmanii (Baja Senna) (Larval)
Senna hirsuta. v. glabberima (Senna leptocarpa) (Larval)
Senna lindheimeriana (Lindheimer's Senna) (Larval)
Senna purpursii (Sonoran Senna) (Larval)
Senna wislizenii (Shrubby Senna) (larval)
Siphonglossa longifolia (Siphonglossa) (Nectar) Moth
Sphaeralcea ambigua (Globe Mallow) (Nectar)
Tagetes lemmoni (Mt. Lemmon Marigold) (Nectar)
Vallesia glabra (Vallesia) (Nectar) Butterfly/Moth

Verbena goodingii (Gooding Verbena) (Nectar)
Vigueria deltoidea (Goldeneye) (Nectar)